

East Rudham Village News



Spring 2025

Members of East Rudham Parish Council

Malcolm Pearson MBE (Chairman) 01485 529 086

Tony Elburn (Vice Chairman) 01485 528 273

John Dawson 01485 528 356

Rosemary Weeks 01485 576 138

Susan Jones 01485 528 243

Trevor Davis 07913 343 292

Mark Tizard 07818 757 676

Richard Spencer 07703 483 220

Terry Hibbert 01485 528 894

Caroline Boyden(Clerk) 07368 861 696

clerk@eastrudhamparishcouncil.gov.uk

<https://.eastrudhampc.parishcouncil.gov.uk>

Parish Council Meetings

Meetings of East Rudham Parish Council are held at the Rudhams' Village Hall and start at 7.15pm.

We welcome members of the public at our Parish meetings.

Dates of our forthcoming meetings are as follows:-

Tuesday March 4th

Tuesday April 1st

Tuesday May 6th

Tuesday June 3rd

These dates may be subject to change, please refer to our website for updates.

PARISH COUNCIL REPORT

Fencing on the green

Due to vehicles driving across the green we have erected a chain link fence opposite the Crown and Biagio's. Pedestrian access has been left at both ends and at the centre.

Playpark

Following our annual safety inspection, it has been recommended we remove the funnel on the train.

Highways

The flashing 30mph sign near the egg shop which was damaged has not been replaced and we are chasing Highways for a replacement.

The fallen road sign Kings Lynn to Cromer reported to Borough Council

Borough Council

We have just been informed that Precept payment will be received in two instalments this year instead of the usual one payment this is not expected to affect the council's plans for the coming year

Plus, an increase in dog bin emptying charges.

Projects

Inflatable Lifting chair to assist elderly fall patients.

Our first application for National Lottery funding has been rejected but we are now seeking other funding.

Kerbing Plans to the North side of the green will go ahead subject to funding applications being successful.

Cemetery Work will continue this year with the help of volunteers. Unfortunately the layout and uneven ground has made it difficult to engage a regular contractor. We have received thanks on the work undertaken so far, including that from a funeral director.

Church – Following discussions with the Diocese grants have been applied for to carry out necessary maintenance to ensure that the church clock can be accessed. We are looking at a working party on Wednesday 26th March at 10 am to tidy the church and graveyard helpers would be very welcome.

Bus shelter cleaning – the two shelters by the green will be cleaned in the spring.



Norfolk
County Council

Norfolk Recycling Centre bookings

Book to bring waste to a Norfolk Recycling Centre -

<https://www.norfolk.gov.uk/article/62632/Norfolk-Recycling-Centre-bookings>

Booking a slot is free of charge. You only need to book if you are bringing waste to a recycling centre. You do **not** need to book to visit, buy from, or donate to a reuse shop.

How to book your visit

1. Choose your recycling centre
2. Choose the day and time you want to visit - you can book up to one week in advance
3. Enter your details including your vehicle registration
4. We'll send you an email confirming your booking
5. Arrive at the time you chose. Our recycling centre staff will assist you if needed.

If you cannot book online you can book over the phone on
0344 800 8020

For more information about booking visit [Recycling centre booking help](#).

SCHOOL REPORT

It has been a really busy time at school over the last few weeks.

The children have been enjoying lots of exciting learning opportunities! Each of our classes has enjoyed a Forest Schools session - they have built dens, learnt how to make a fire, without matches and made sculptures from natural materials.

Our Barn Owls class has visited Norwich Castle linked to their current topic - they had a great time.

In school we have celebrated National 'fun at work day' and also National Chopstick Day. Staff planned different activities for the children to enjoy over lunchtime and in the classroom for these special days. We have also enjoyed National croissant and hot chocolate day as well as celebrating the Chinese New Year!

At the end of January, we visited St Mary's Church for a special Candlemas service, we were extremely thankful to Father Clive for allowing us to hold this.

Our older children enjoyed a friendly football match against Brisley (our Federated School). The children all played well and the sportsmanship on show was admirable.

As we head into the Spring, we are looking for signs that we are moving into a new season. The children have been asked to send in signs of Spring. We would welcome your contributions too. If you would like to send in any photos, please do so to office@rudham.dneat.org

We are still recruiting for our Local Governing Body, if this is something that you think you might be interested in, please contact the school on 01485 528230 or office@rudham.dneat.org

Belinda Allen

Executive Headteacher

Hope Federation of Church of England Primary Academies

THE MUGA REPORT



The Annual MUGA Quiz took place at the village hall in early February. The theme this year was, 'Around the World' so during the evening we visited and quizzed virtually every area of the planet. There was an extremely good turn out and the hall was packed with 14 teams. The winners won by just a few points so it was very tight...and competitive. Along with the raffle and our 'heads or tails' game we took £660 for the upkeep of the MUGA. Please accept our very great thanks to all who came and gave so generously.

Although it seems a long time ago, the Christmas Mulled Wine and Mince Pies evening was very well attended and seemed to be enjoyed by all. We took over £300 to support the maintenance needs at the court.

The two events, having put almost £1,000 into our funds has greatly helped towards the £2,500 needed for the cost of a deep clean which will be carried out by Texplay later in the spring. The cleaning should only put the court out of action for one day. By being able to afford to do this it should enhance the life of the court for many years to come and continue to benefit the community.

Please note: General MUGA Membership will be up for renewal in May and will remain at £10 for single membership and £20 for families: no increase on last year. Clubs are able to join for £30 per quarter. Please contact Dawn Collins on dawncollins75@gmail.com for further details. Membership can be paid by bank transfer to: The Rudhams MUGA Management Committee, sort code 20-30-81, Account number: 30005096 Reference: Your surname.

Rudham Art Group (RAGs)

We are a friendly, art group and we meet on Friday mornings, 10am to 1pm at the Village Hall. You would be very welcome to come along and give us a try. We help and encourage each other and definitely enjoy the "posh" biscuits at the coffee break. The cost is £5 per session or £35 for the 11 week term. A theme is suggested for each week and if you would like to see what that looks like over a term contact Maggie for a timetable: 01485 528842 or magpattison@btinternet.com



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The Government has released the revised New Hospital Programme (NHP) plan reaffirming The Queen Elizabeth Hospital's (QEH) position as a key priority within the national programme.

This announcement gives the Trust a clear, structured pathway, towards delivering a modern, innovative, and future-ready hospital that provides the highest quality care for patients and the best possible working environment for staff.

Alice Webster, CEO at The QEH, said: "The revised plan will allow us to move forward with confidence and focus, ensuring we continue to progress at pace. We remain committed to delivering a new hospital for our local community. The timescales in this plan indicate our new hospital will not meet the previous deadline of 2030 – we have been nationally assured that work is under way to prioritise bringing these timescales forward where possible. As a Reinforced Autoclaved Aerated Concrete (RAAC) hospital the safety of our current building remains our priority and our fail-safe programme is progressing well. Yesterday's announcement outlines the need for site-by-site survey report commissioned by the Government on each RAAC hospital – we await more information on this work."

Key highlights from released plan are:

Patient-centred: Plans are built around patient care, safety, and experience with services designed to meet the needs of the local community.

Modern construction methods: Embracing innovative building techniques, to deliver an efficient, sustainable and future-proofed hospital.

Financial confidence: A phased funding approach giving the stability needed to plan and deliver effectively.

Collaboration and engagement: Working closely with NHS England, regional partners, and the local community to build a hospital fit for generations to come.

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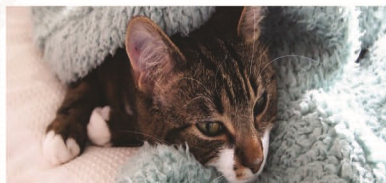
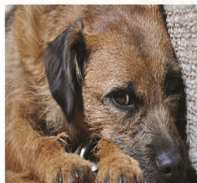


☎ 01485 528 221

📍 Fakenham Rd, East Rudham,
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✉ reception@anchoragebarnvets.co.uk

🌐 www.anchoragebarnvets.co.uk



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Inconsiderate Parking in East Rudham

The Parish Council has recently received complaints from parishioners regarding inconsiderate parking within the Parish.

Please ensure you do not park on the pavements forcing pedestrians into the road this is becoming more common and is dangerous. When parking on some of our narrower roads make sure there is enough room for delivery vehicles to pass without mounting and damaging the verges opposite.

Regrettably the Village Green has been damaged again by vehicles driving across it from the Parish car park. Preventative measures are now in place.

An application for installation of two electric charging points under an initiative funded by Norfolk County Council in the village car park has been turned down because the cost of providing a supply by UK Power Networks was prohibitive.

HANNANT'S HELP IN THE GARDEN David Hannant

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Mobile: 07881 781865

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THE RUDHAMS HORTICULTURAL SOCIETY

An extraordinary meeting of Rudham Horticultural Society will be held on Tuesday April 18 at 7.30pm in the village hall. To decide the future of the society as membership numbers are very low. At this meeting we must decide if we can carry on or we should dissolve the society. If you enjoy gardening and could keep the society going please come along with your ideas.

KINGS LYNN FESTIVAL CHORUS

King's Lynn Festival Chorus performs popular works for choir and orchestra by Rutter and Britten in their first concert of the new year on Saturday 5 April 2025. Although affectionately and popularly known as Santa Claus — largely because of his practise of unprompted gift giving — the story of Saint Nicolas goes far beyond its seasonal associations.

Here brought to life in a dramatic cantata by Benjamin Britten, the musical narrative tells the life-story of this fourth century bishop, including such legendary tales as his restoring to life three boys pickled by a butcher, the infamous 'pickled boys', and others besides. Whether a lover of the work or approaching it for the first time, this vivid and exhilarating tale is not one to miss.

The part of Saint Nicolas is sung by Suffolk-born tenor, Jonathan Hanley, whom the chorus is delighted to welcome back. Ever popular with choirs and audiences alike and one of the country's most prolific composers, John Rutter evokes the spirit and character of another prominent religious figure in his vibrant Magnificat. A joyful and uplifting celebration of the Virgin Mary, the work is packed with Rutter's characteristic melodic richness and rhythmic vitality, blending elements of both traditional choral music and modern idioms with musical influences from around the globe. The chorus is once again joined by The British Sinfonietta — now a popular favourite with our audiences — who make a very welcome return.

The concert is conducted by its own Music Director, Ben Horden.

Saturday 5 April 2025, 7pm King's Lynn Minster

TICKETS £20, Under 16s free

Available from the Box Office at the Corn Exchange 01553 764864

www.kingslynncornexchange.co.uk

KEEP BURGLERS OUT OF YOUR PROPERTY

Advice from the Norfolk Police Crime Prevention Team

Distraction burglary

Distraction burglars pretend to be someone they are not in order to gain entry to your home.

Common methods used by distraction burglars

Pretending to be from a care agency, the council or a utility company investigating a gas or water leak.

Seeking help to leave a note for a neighbour or even asking for a drink of water if they claim to be thirsty or unwell.

Claiming to be in a hurry or emergency and needing to get into your home quickly.

Working in teams, with one person distracting you while the other searches your home.

How to prevent it

There are a number of things you can do to prevent distraction burglary. Don't be afraid to ask questions about anyone at your door, genuine callers won't mind. **Always remember 'if in doubt, keep them out':**

Use your door viewer to see who's there.

If you open the door put the chain on first.

Always ask for ID and check it with the company before letting somebody into your home.

Use the phone number advertised in the phone book or online, as the number on their identity card could be fake. For a utility company, call the customer service department. Close the door while you do this.

If you feel at all unsure, schedule a time for the caller to come back when a friend or relative is there.

For pre-planned appointments with utility companies, a password scheme can be set up.

If you feel threatened or in danger by the presence of the caller call 999.

BURGLAR ALARMS

Consider an accredited burglar alarm system with audible alarm boxes mounted high at the front and rear of your home. Two visible audible alarm boxes are better than one. Mount them at the front and rear of your home, high up to resist tampering.

There are three types of burglar alarm, varying in capability and cost:

1. Monitored – Once triggered, an alarm company or designated key holder can check to ensure it isn't a false alarm.
2. Unmonitored – This type, once activated, will sound a loud alarm designed to scare off an intruder and alert neighbours but they are reliant on someone such as a neighbour checking the house.
3. Auto Dialler – This system, once activated, alerts pre-programmed key holders with either a text or a phone call.

The police will typically respond to a burglar alarm if requested to do so by a monitoring company but are less likely to respond to an unmonitored alarm.

If you have an extension to your home remember to extend your burglar alarm coverage as well.

Burglars have been known to use ladders to access upper windows that appear to be unlocked. This is to avoid intruder alarm sensors on the lower floor. To help protect your property from this approach, you should extend any alarm sensor coverage to upper rooms.

Signage is an effective deterrent if used with an active alarm system.

For advice and approved suppliers of alarms visit the [National Security Inspectorate](#) and the [Security Systems and Alarms Inspection Board](#).

EXTERNAL LIGHTING

Lighting is a good deterrent and is recommended at doors as it makes it safer for you when coming and going after dark.

A clear, low white light that activates at dusk to dawn is ideal for lighting a yard and garden and allowing any person to be clearly seen.

Check to make sure that trees and plants do not obscure your lighting. It's recommended that you regularly cut vegetation back.

Take care to position these lights so that light pollution doesn't annoy your neighbours.

INTERNAL LIGHTING

Use an automatic plugin time switch to operate a lamp or light at pre-set times when you're away. Energy saving LED bulbs are best as they do not use as much electricity, last longer than conventional bulbs and do not generate heat, which could cause a fire.

In blocks of flats, automatic low energy lights that detect movement are recommended for corridors, stairwells and communal areas such as car parks and cycle stores.

CCTV

By using well-defined boundaries as a basis, CCTV can be a valuable tool. However, it doesn't prevent a crime from being committed and does have limitations. CCTV linked to a smartphone will alert you to someone crossing your boundary. Most importantly, CCTV is no substitute for good quality physical security such as secure doors and windows. Some cameras work by day and by night, and record when they detect movement. Some can be remotely viewed from a smartphone. Position cameras where they are best able to obtain good quality facial images. Could you recognise or identify someone from the footage? There is legislation for home CCTV use, so always seek advice from an accredited installer first to ensure your system complies with the law.

Place signage up warning that CCTV is in use.

For advice and approved suppliers of CCTV visit the [National Security Inspectorate](#) and the [Security Systems and Alarms Inspection Board](#).



RUDHAM CHIMNEY SWEEP

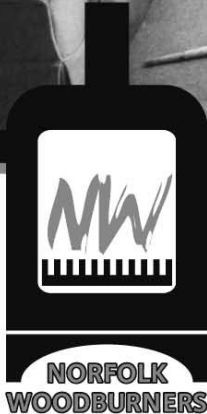
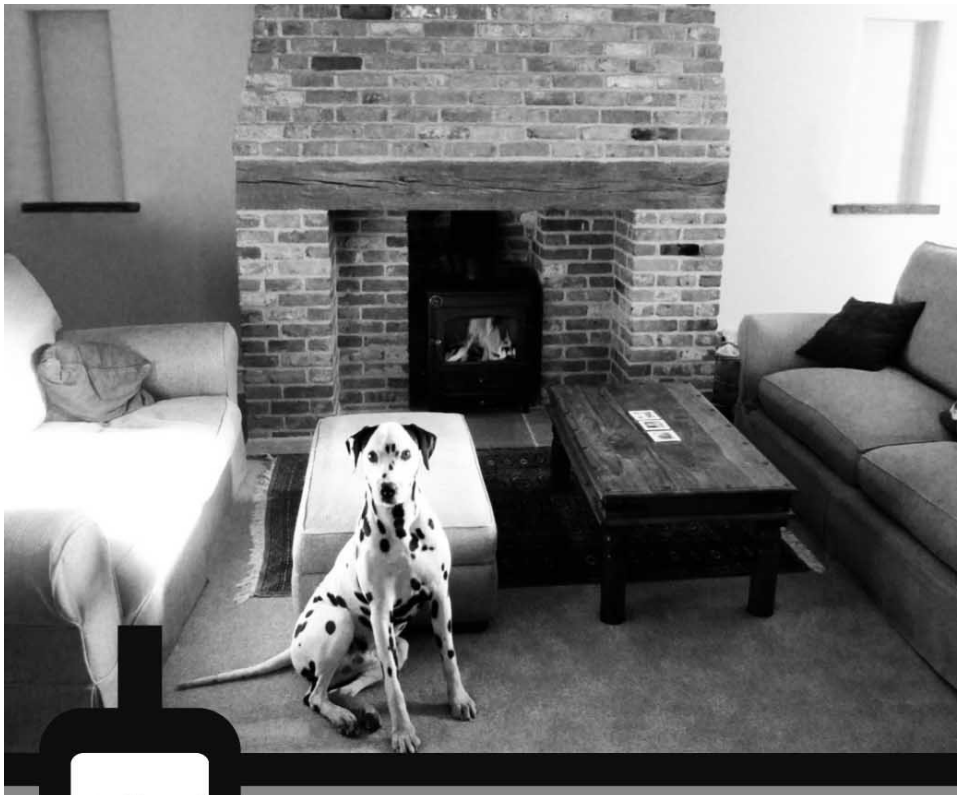
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PROPOSED DEVOLUTION FOR NORFOLK AND SUFFOLK

The Government has started the [public consultation on proposed devolution for Norfolk and Suffolk](#), specifically on the proposal to form a Strategic Authority headed by a mayor. The Government is leading and running this consultation, however councils will help to amplify the message locally to help ensure the voice of communities is heard in this process. The consultation runs until 13 April. This consultation is specifically about forming a Mayoral Strategic Authority to bring about devolution. There are related discussions around Local Government Reorganisation for all Norfolk and Suffolk authorities, which will be subject to a separate engagement process later in the year, once councils have made a submission to Government on how reorganisation could look.

Devolution is when the Government gives more power and control (and funding) to local or regional bodies. In its White Paper, the Government outlined plans to extend devolution by creating Strategic Authorities, which would control areas such as transport and local infrastructure, skills and employment support, housing and strategic planning, economic development and regeneration, environment and climate change and public safety.

Strategic Authorities would cover a minimum population of 1.5m. Alongside devolution, the government also announced plans to move from two tier areas (where areas have both district or borough council's as well as a county council) to unitary authorities, where all services currently delivered by these organisations are delivered by one, larger unitary authority, except for the services which become the responsibility of the Strategic Authority.

On 5th February, the Government announced that Norfolk and Suffolk were successful in their application to join the DPP and the Minister wrote to all Norfolk council leaders asking them to work together to submit interim proposals for Local Government Reorganisation in Norfolk.

For more information please access the Kings Lynn and West Norfolk Borough Council website, and request devolution meeting information in the search box

Hard work pays off as West Norfolk Council proposes balanced budget for 2025/26

The borough council has turned around a £4m forecast budget gap to put forward a balanced financial position for 2025/26 – without using financial reserves.

Since the autumn, the council has undertaken extensive work to identify proposed savings and efficiencies that do not impact front-line services. As a result, a sustainable balanced budget is proposed, without drawing on limited reserves, putting West Norfolk in a strong position to continue to deliver for communities and invest in local priorities.

This is despite significant financial challenges across local government, which will see many other councils dip further into limited reserves, plus the added pressure in West Norfolk of having to help fund Internal Drainage Board levies.

The draft budget report was considered by Cabinet on 4th February and will be by full Council on 27th February.

The proposed council tax rise for the borough council's part of the average council tax bill is £5. This means West Norfolk would continue to have one of the lowest council tax levels in the country. Council tax support would be maintained at 100% to help the most vulnerable.

Some increases to some fees and charges are proposed to bring them back in line with inflationary increases going forwards. Some fees will remain the same to reflect, for example, wider market conditions.

The report includes the key results of the council's recent budget survey, to which 1,093 people responded. Waste and recycling collection was identified as residents' most important priority, followed by tackling anti-social behaviour and crime, managing coastal change and flood risk, and supporting people who need daily help in their lives.

Housing, homelessness and local services to benefit from 100% council tax premium on second homes

More money generated from a new 100% council tax premium on second homes in three Norfolk coastal districts will fund affordable housing and homelessness services in these affected areas – thanks to an agreement between councils.

The Borough Council of King’s Lynn and West Norfolk, North Norfolk District Council and Great Yarmouth Borough Council are all introducing the new premium from 1 April 2025, meaning these properties will pay double council tax unless they have an exemption.

These districts have a significant proportion of second homes, defined as a home which is furnished but is no one’s main home. New legislation allowing the premium is aimed at local councils whose income and ability to deliver services is affected by the number of second homes in their areas.

Following constructive discussions involving Norfolk County Council and the districts, the county council has agreed to set aside 25% of the extra money it will get from the premium in 2025/26. The districts will use this to support affordable housing and homelessness services, while the county council will invest its share in local services such as roads and social care.

Councillor Alistair Beales, Council Leader at King’s Lynn and West Norfolk, said: “This pragmatic agreement is a win-win, ensuring more of the money raised through the second homes premium is rightly spent in those districts and communities most affected by second home ownership.

In West Norfolk, this means around £950,000 extra to fund affordable housing and valued homelessness services, while the county council will still have extra for services such as social care. All these services are under significant pressure and we’re putting the premium to good use. This is a good example of councils working well together to deliver well for our communities.”

Are you computer savvy with 1-2 hours a week to spare

The Rudhams and District village hall has an active committee of Trustees, but need a volunteer **Bookings Secretary** for this valuable community space.

This involves checking the Bookings email inbox requests for ad hoc hiring and administering the required forms (which are already in place). If you are able to assist this fantastic local facility, or would like more information please contact Linda Austin (chairperson) or the committee at rudhamsvillagehall@outlook.com

We look forward to meeting you! Nell Dalton, Secretary to the Trustees.

The Rudhams and District Village Hall Committee are delighted to say that, due to the hard work of our 'Grants' sub-committee £8,000 has been secured from Go Green funding so that more replacement windows and the emergency exit door can be fitted before the end of March. The total cost will be £13,000 so more funding is being applied for, all contributing to a better space for our community.

Join the fun for an Easter Prize

BINGO

and Raffle

The Rudhams and District Village Hall on Friday 4th April.

Doors open 6pm, eyes down 6.30pm

To raise funds toward the new windows and doors

Your help is needed:

There is a **Spring Clean-up** of the hall surroundings on **Saturday 8th Mar 9.30 - 12.30**.

The kettle will be hot and there may even be cake! It's a case of 'the more the merrier' and 'many hands make light work'. Tough gloves and footwear please, and if you have light tools such as rake, fork and secateurs do bring them. A tub/barrow to collect the debris would also be useful.

Happily, the village hall continues to be a valued resource for the community. **See the timetable of activities** opposite for what is on offer and if there is a time slot free for your activity! For occasional activities check The Reflector, the East Rudham Village News, or the village Facebook page and posters.

THE RUDHAMS AND DISTRICT VILLAGE HALL

“a fantastic space for your meeting place”

Regular activities				
Monday	10.00-11.00	Short Tennis	Maggie Pattison	01485 528842 magpattison@btinternet.com
	17.50-18.50 indoors winter	Strong and Fit	Emma Williamson	07725 837417
	19.00-21.00	Dog Training	Lisa Pearson	07985 473821 hemptonogtraininggroup@gmail.com
Tuesday	9.30-11.30	Badminton	Tony Dessent	07943 396375
	7.30 2 nd Tues monthly	Horticultural Society	Trevor Williamson	07990 014270
	17.30-19.00 Term time	Brownies	Lisa Palmer	07774 542325
	19.15-21.30 1st Tues monthly	E. Rudham PC	Caroline Boyden	07368 861696 clerk@eastrudhamparishcouncil.gov.uk
Wednesday	9.00	Walkfit	Jaime Parry	07765 433100
	9.50	Stability Ball		
	18.00-18.40	Fitsteps fitness	Jaime Parry	07765 433100
	18.45	Fitness Pilates		
Thursday	19.30-21.30 Last Thurs. bi-monthly	W. Rudham PC	Caroline Boyden	07368 861696 clerk@westrudhamparishcouncil.gov.uk
Friday	8.45-9.30	Lift Lean	Jaime Parry	07765 433100
	10.00-13.00	Rudham Art Group (RAGS)	Maggie Pattison	01485 528842 magpattison@btinternet.com

To hire this hall for

one-off functions, regular clubs and meetings

contact **Jaime Parry**

email: bookingsrudhamvillagehall@outlook.com

Adult Learning

Yes, you can!

Courses in King's Lynn & West Norfolk

Construction and DIY Courses

Course Title	Course Code	Start Date	Venue
Basic Carpentry and Joinery	CJXCK4124Z	24/02/2025	Adult Learning Training Centre
Basic DIY	DIYK4124P	24/02/2025	Adult Learning Training Centre
Intermediate Bench Joinery	CJXCK4624Z	25/02/2025	Adult Learning Training Centre
Basic Carpentry and Joinery	CJXCK4224Z	25/02/2025	Adult Learning Training Centre
Basic Bricklaying	BRXAK4224Z	26/02/2025	Adult Learning Training Centre
Basic Plastering	PLXAK4124Z	26/02/2025	Adult Learning Training Centre
Basic Tiling	TIXAK4124P	26/02/2025	Adult Learning Training Centre
Gateway level 1 Award Basic Electrical Practices	GWBRK4224Z	27/02/2025	Adult Learning Training Centre
Gateway level 1 Award Bricklaying	GWBRK4624Z	27/02/2025	Adult Learning Training Centre
Gateway level 1 Award Carpentry	GWCJK5224Z	17/04/2025	Adult Learning Training Centre
Gateway level 1 Award Plastering & Dry Lining	GWPLK5624Z	17/04/2025	Adult Learning Training Centre
Intermediate Bench Joinery	CJXCK5624Z	22/04/2025	Adult Learning Training Centre
Basic Carpentry and Joinery	CJXCK5224Z	22/04/2025	Adult Learning Training Centre
Basic Bricklaying	BRXAK5124Z	23/04/2025	Adult Learning Training Centre
Basic Bricklaying	BRXAK5224Z	23/04/2025	Adult Learning Training Centre
Basic Carpentry and Joinery	CJXCK5124Z	23/04/2025	Adult Learning Training Centre
Level 1 City & Guilds 6219-08 Carpentry	CGCAK5124Z	24/04/2025	Adult Learning Training Centre



0344 800 8020 (option 5)



adultlearning@norfolk.gov.uk



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Online Courses

Employment & Career			
Course Title	Course Code	Start Date	Venue
Teaching Assistant Higher Level	TL4TV0224O	04/02/2025	Online
Learning Support Practitioner	LS2AV0224L	04/02/2025	Online
Information Advice & Guidance L2	PSIA324OZ	04/02/2025	Online
Boost Your Interview Skills	ENGBO0424P	05/02/2025	Online
Environmental Practices & Sustainability in Business	BISS1CM24Z	10/02/2025	Online
Getting it right, workplace expectations & professional boundaries	PSEDI24O05	18/02/2025	Online
Can I be a Fire Fighter?	PSCBF24003	24/02/2025	Online
Supporting Individuals with L 3 Information Session	LS3BV0124Y	27/02/2025	Online
Introduction to Safeguarding	PSITS2402L	27/02/2025	Online
All About Business - Starting your business	BISST0224P	03/03/2025	Online
L5 Management Diploma information session	BISL5DM24X	03/03/2025	Online
All About Business - People Management	BISPM0224P	05/03/2025	Online
All About Business - Marketing Your Business	BISMA0224P	06/03/2025	Online
Early Years Courses - Find The Right Level	EYIBV0224P	06/03/2025	Online
Supporting Individuals with Learning Level 3	LS3BV0124L	06/03/2025	Online
Introduction to Safeguarding	PSITS2431L	10/03/2025	Online
Level 3 Diploma Early Years Educator	EY3CV0124D	12/03/2025	Online
Gym Instructing Level 2 Certificate Information & Enrolment Session	FG2CO0224Y	12/03/2025	Online
Getting into Care Work	PSCA0324NP	13/03/2025	Online
Getting it right, workplace expectations & professional boundaries	PSEDI24O01	17/03/2025	Online
Teaching Assistant Courses - Find The Right Level	TL0AV0724Y	18/03/2025	Online
Teaching Assistant Courses - Find The Right Level	TL0AV0824Y	19/03/2025	Online
Gym Instructing Level 2 Certificate	FG2CO0224Z	02/04/2025	Online



0344 800 8020 (option 5)



adultlearning@norfolk.gov.uk



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Ask a member of staff for details

DEFIBRILLATOR ACTIVATION

STEPS TO TAKE IN BRIEF

1/ Call 999, ask for ambulance - BT operators do not know the location of defibrillators.

2/ Answer any questions they ask you e.g. Is the patient breathing? Is the patient conscious?

3/ Start CPR. Compressions only.

4/ Fetch defibrillator if asked to do so. Locked cabinet code will be given by ambulance control.

5/ Return defibrillator to cabinet after rescue. Data needs to be downloaded and defibrillator recommissioned. Inform Parish Council as any used pads will need replacing.

If necessary The Crown in East Rudham has the access code.

MOBILE POST OFFICE OPENING HOURS

Monday	9.20am - 10.20am
Tuesday	9.20am-10.20am
Wednesday	15.40pm -16.20pm
Thursday	9.20am-10.20am
Friday	11.00am - 12.00am

The mobile Post Office is parked in the car park next to the Village Green.

Can we please ask that people do not park anything on the hatched area on the South of the Green, this is reserved for the mobile Post Office which is a vital service to many in the village. If the vehicle cannot park safely it will not stop in the village and the service may be lost.

EAST RUDHAM PARISH COUNCIL

East Rudham Parish Council receive regular information from Norfolk Police about scams and criminals active in our area. To enable this to be passed on to those living in our village, the information has been put on the parish council website. This is updated regularly as new information is received. For more urgent situations, there is a Stop Press section <https://.eastrudhampc.parishcouncil.gov.uk>

SCAMS PREVENTION SERVICE

Fraud affects thousands of people across Norfolk every year. Most often it is the vulnerable in our society who are targeted and exploited by scammers, but anyone can be a victim. In partnership with Norfolk and Suffolk Victim Care, Norfolk Constabulary and Norfolk County Council Trading Standards, we have set up the Scams Prevention Service. The service offers free and confidential specialist support to those who have been targeted by scams and helps to increase awareness of scams in Norfolk.

Supported by the agencies which make up the Norfolk Against Scams Partnership, the Scams Prevention Service identifies and assesses the needs of victims, working with them to improve their confidence and safety, and develop a plan to reduce vulnerability to being victimised again. If you would like support after being the victim of a fraud, then contact the Norfolk Scams Prevention Service on 0300 303 3706. or on nsvictimcare@victimsupport.org.uk.

If you would like support after being the victim of any crime, whether or not you have reported it, then contact Norfolk and Suffolk Victim Care on 0300 303 3706.

DO NOT EVER GIVE OUT IN PERSON, BY PHONE OR ON LINE

PASSWORDS PIN NUMBERS BANK DETAILS PERSONAL DETAILS

NEVER LET A STRANGER INTO YOUR HOUSE

USEFUL TELEPHONE NUMBERS

TITLE	NAME	NUMBER
BADMINTON	Tony Dessent	01485 528 514
COMMUNITY CAR SCHEME		01485 520 823
DOCKING SURGERY		01485 521 135
FAKENHAM SURGERY		01328 851 321
HORTICULTURAL SOCIETY	Trevor Williamson	01485 528 302
JAMES WILD MP		James.wild.mp@parliament.uk
LITTER/FLY TIPPING HOTLINE		0800 253 2687
MASSINGHAM SURGERY		01485 520 521
MUGA	Maggie Pattison	01485 528 842
POLICE		101
OIL BUYING SCHEME	Susan Jones	01485 528 243
RUDHAM PRIMARY SCHOOL		01485 528 230
SPEED WATCH GROUP	Russell Taylor	russell.taylor@solarsplace.com
VILLAGE HALL BOOKINGS	Jaime Parry	bookings- rudhamvillagehall@outlook.com

PUBLICISE YOUR SOCIETY OR EVENT

We welcome contributions from villagers, local groups and societies for printing in the East Rudham Parish Newsletter

Please send to ernews@outlook.com by May 10th for inclusion in the Summer edition which is delivered to every household is published on our website and has a link from our facebook page. Advertisements are very welcome

Full Page £12/issue Half page £6/issue