

Adult Learning – Skills for work. Learning for Life.

Courses in Norwich

Computer and Digital Skills

Course Title	Start Date	Time	Day(s)	Venue
Creating Websites For Business	26/06/2026	9:30 AM	Fri	Norwich Unity Hub, Carrow House, NR1 2TG
Digital Functional Skills (mixed E3 & L1)	03/06/2026	12:30 PM	Wed	Baseline Centre (Future Projects), NR5 8YD

Construction and DIY

Course Title	Start Date	Time	Day(s)	Venue
Carpentry & Joinery L1 City & Guilds Award	05/05/2026	9:30 AM	Tue	Adult Learning Training Centre, NR6 5DR
Plastering	05/05/2026	1:30 PM	Tue	Adult Learning Training Centre, NR6 5DR
Basic Tiling	05/05/2026	6:00 PM	Tue	Adult Learning Training Centre, NR6 5DR
Bench Joinery Intermediate	06/05/2026	5:30 PM	Wed	Adult Learning Training Centre, NR6 5DR
Bench Joinery Intermediate	06/05/2026	1:00 PM	Wed	Adult Learning Training Centre, NR6 5DR
Basic Tiling	06/05/2026	1:30 PM	Wed	Adult Learning Training Centre, NR6 5DR
Bricklaying City & Guilds L1	07/05/2026	9:30 AM	Thu	Adult Learning Training Centre, NR6 5DR
Bricklaying City & Guilds L1	11/05/2026	9:30 AM	Mon	Adult Learning Training Centre, NR6 5DR
Carpentry & Joinery L1 City & Guilds Award	11/05/2026	9:30 AM	Mon	Adult Learning Training Centre, NR6 5DR
Electrical Practices Gateway level 1 Award	19/05/2026	4:30 PM	Tue	Adult Learning Training Centre, NR6 5DR
Plastering	20/05/2026	4:30 PM	Wed	Adult Learning Training Centre, NR6 5DR



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Courses in Norwich

Construction and DIY - continued				
Course Title	Start Date	Time	Day(s)	Venue
Basic DIY Course	22/05/2026	9:30 AM	Fri	Adult Learning Training Centre, NR6 5DR
Bricklaying NOCN E3 Award in Introduction to Bricklaying	06/07/2026	9:00 AM	Mon	Adult Learning Training Centre, NR6 5DR
Carpentry & Joinery L1 City & Guilds Award	06/07/2026	9:00 AM	Mon	Adult Learning Training Centre, NR6 5DR
Electrical Practices Gateway level 1 Award	06/07/2026	9:00 AM	Mon	Adult Learning Training Centre, NR6 5DR
Electrical Practices Gateway level 1 Award	06/07/2026	1:30 PM	Mon	Adult Learning Training Centre, NR6 5DR
Introduction to Carpentry	07/07/2026	9:30 AM	Tue	Adult Learning Training Centre, NR6 5DR
Plastering	07/07/2026	9:30 AM	Tue	Adult Learning Training Centre, NR6 5DR
Plastering	07/07/2026	6:00 PM	Tue	Adult Learning Training Centre, NR6 5DR
Bricklaying City & Guilds L1	08/07/2026	9:30 AM	Wed	Adult Learning Training Centre, NR6 5DR
Bench Joinery Intermediate	08/07/2026	9:00 AM	Wed	Adult Learning Training Centre, NR6 5DR
Bench Joinery Intermediate	08/07/2026	5:30 PM	Wed	Adult Learning Training Centre, NR6 5DR
Basic Plumbing	08/07/2026	1:00 PM	Wed	Adult Learning Training Centre, NR6 5DR
Basic Tiling	08/07/2026	6:00 PM	Wed	Adult Learning Training Centre, NR6 5DR
Carpentry & Joinery L1 City & Guilds Award	09/07/2026	9:30 AM	Thu	Adult Learning Training Centre, NR6 5DR
Bricklaying NOCN E3 Award in Introduction to Bricklaying	09/07/2026	9:30 AM	Thu	Adult Learning Training Centre, NR6 5DR



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Courses in Norwich

Construction and DIY - continued

Course Title	Start Date	Time	Day(s)	Venue
Electrical Practices Gateway level 1 Award	09/07/2026	1:30 PM	Thu	Adult Learning Training Centre, NR6 5DR

Employment and Career

Course Title	Start Date	Time	Day(s)	Venue
Introduction to Dementia Awareness Level 2 Award	06/05/2026	9:30 AM	Wed	Norwich Unity Hub, Carrow House, NR1 2TG
Paediatric First Aid Award Level 3	09/05/2026	9:30 AM	Sat	Norwich Unity Hub, Carrow House, NR1 2TG
Early Years Level 3 Diploma Technical Occupational Entry (Early Years Educator)	11/05/2026	9:30 AM	Mon	Norwich Unity Hub, Carrow House, NR1 2TG
Introduction to Business Start-Up Level 2 Certificate	13/05/2026	1:00 PM	Wed	Norwich Unity Hub, Carrow House, NR1 2TG
Dementia Awareness Level 2 Award	13/05/2026	9:30 AM	Wed	Norwich Unity Hub, Carrow House, NR1 2TG
AAT Bookkeeping and Business Skills Level 1 Award	14/05/2026	6:00 PM	Thu	Norwich Unity Hub, Carrow House, NR1 2TG
Introduction to Teaching Assistant Introduction and Online Training Session	18/05/2026	9:30 AM	Mon	Lakenham Primary School, NR1 2HL
Creating a Business Start Up Level 2 Certificate	20/05/2026	1:00 PM	Wed	Norwich Unity Hub, Carrow House, NR1 2TG
Active Listening	21/05/2026	4:00 PM	Thu	Baseline Centre (Future Projects), NR5 8YD
Paediatric First Aid Award Level 3	21/05/2026	9:30 AM	Thu	Norwich Unity Hub, Carrow House, NR1 2TG
Introduction to Teaching Assistant Level 1 Award	01/06/2026	9:30 AM	Mon	Lakenham Primary School, NR1 2HL



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Courses in Norwich

Employment and Career - continued				
Course Title	Start Date	Time	Day(s)	Venue
Certificate in Preparing to work in Adult Social Care Level 2	04/06/2026	1:00 PM	Thu	Norwich Unity Hub, Carrow House, NR1 2TG
Marketing Your Business	05/06/2026	6:00 PM	Fri	Norwich Unity Hub, Carrow House, NR1 2TG
Nutrition and Health Level 2 Award	10/06/2026	9:45 AM	Wed	Norwich Unity Hub, Carrow House, NR1 2TG
Counselling Skills Level 2 Certificate	11/06/2026	1:00 PM	Thu	Norwich Unity Hub, Carrow House, NR1 2TG
Paediatric First Aid Award Level 3	20/06/2026	9:30 AM	Sat	Norwich Unity Hub, Carrow House, NR1 2TG
Paediatric First Aid Award Level 3	23/06/2026	9:30 AM	Tue	Adult Learning Training Centre, NR6 5DR
Creating Websites For Business	26/06/2026	9:30 AM	Fri	Norwich Unity Hub, Carrow House, NR1 2TG
First Aid - Let's Explore The Basics	01/07/2026	9:30 AM	Wed	Norwich Unity Hub, Carrow House, NR1 2TG
Emergency First Aid At Work Award Level 3	03/07/2026	9:30 AM	Fri	Norwich Unity Hub, Carrow House, NR1 2TG
Nutrition Tips for Sport and Training	08/07/2026	12:30 PM	Wed	Adult Learning Training Centre, NR6 5DR
Paediatric First Aid Award Level 3	11/07/2026	9:30 AM	Sat	Norwich Unity Hub, Carrow House, NR1 2TG
Paediatric First Aid Award Level 3	14/07/2026	9:30 AM	Tue	Norwich Unity Hub, Carrow House, NR1 2TG

English for Speakers of Other Languages (ESOL)				
Course Title	Start Date	Time	Day(s)	Venue
ESOL Start Up Enrolment	08/07/2026	12:30 PM	Wed	Norwich Unity Hub, Carrow House, NR1 2TG



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Courses in Norwich

English for Speakers of Other Languages (ESOL) - continued				
Course Title	Start Date	Time	Day(s)	Venue
ESOL Start Up Enrolment	09/07/2026	1:00 PM	Thu, Fri	Norwich Unity Hub, Carrow House, NR1 2TG

Health, Wellbeing and Fitness				
Course Title	Start Date	Time	Day(s)	Venue
Acting for Wellbeing - Confidence	01/05/2026	10:00 AM	Fri	Norwich Unity Hub, Carrow House, NR1 2TG
Acting for Wellbeing - Confidence	29/05/2026	10:00 AM	Fri	Phoenix Centre, NR3 2LD
Writing Prose fiction for Wellbeing	02/06/2026	10:00 AM	Tue	Norwich Unity Hub, Carrow House, NR1 2TG
Women Writing	05/06/2026	1:30 PM	Fri	Norwich Unity Hub, Carrow House, NR1 2TG
Acting for Wellbeing - LGBTQ+	08/06/2026	6:00 PM	Mon	Norwich Unity Hub, Carrow House, NR1 2TG
Eat Well for Less	10/06/2026	9:30 AM	Wed	Baseline Centre (Future Projects), NR5 8YD
Relax and Unwind with Crochet - T-shirt Yarn	10/06/2026	7:00 PM	Wed	Norwich Unity Hub, Carrow House, NR1 2TG
Eat Well for Less	10/06/2026	2:00 PM	Wed	Phoenix Centre, NR3 2LD
Relax & Unwind with Knitting - Exploring Stitches and Texture	10/06/2026	10:00 AM	Wed	Phoenix Centre, NR3 2LD
Better Baby Food	12/06/2026	1:00 PM	Fri	CFM ECFS Base (Family Hub), NR3 3PY
Acting for Wellbeing - Comedy	17/06/2026	3:30 PM	Wed	Norwich Unity Hub, Carrow House, NR1 2TG
First Aid - Let's Explore The Basics	01/07/2026	9:30 AM	Wed	Norwich Unity Hub, Carrow House, NR1 2TG
Nutrition Tips for Sport and Training	08/07/2026	12:30 PM	Wed	Adult Learning Training Centre, NR6 5DR



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Courses in Norwich

Help for the Family				
Course Title	Start Date	Time	Day(s)	Venue
Better Baby Food	12/06/2026	1:00 PM	Fri	CFM ECFS Base (Family Hub), NR3 3PY

Life Skills and Giving Back				
Course Title	Start Date	Time	Day(s)	Venue
Active Listening	21/05/2026	4:00 PM	Thu	Baseline Centre (Future Projects), NR5 8YD

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Courses in North Norfolk

Computing and Digital Skills

Course Title	Start Date	Time	Day(s)	Venue
Digital Functional Skills (mixed E3 & L1)	14/05/2026	9:30 AM	Thu	Merchant's Place, Cromer, NR27 9ES

Employment and Career

Course Title	Start Date	Time	Day(s)	Venue
Paediatric First Aid Award Level 3	12/05/2026	9:30 AM	Tue	Fakenham Area
First Aid - Let's Explore The Basics	20/05/2026	9:30 AM	Wed	Merchant's Place, Cromer, NR27 9ES
Paediatric First Aid Award Level 3	23/05/2026	9:30 AM	Sat	Merchant's Place, Cromer, NR27 9ES
Emergency First Aid At Work Award Level 3	03/06/2026	9:30 AM	Wed	Merchant's Place, Cromer, NR27 9ES
Paediatric First Aid Award Level 3	09/06/2026	9:30 AM	Tue	Merchant's Place, Cromer, NR27 9ES

Health, Wellbeing and Fitness

Course Title	Start Date	Time	Day(s)	Venue
First Aid - Let's Explore The Basics	20/05/2026	9:30 AM	Wed	Merchant's Place, Cromer, NR27 9ES
Writing for Wellbeing	03/06/2026	10:00 AM	Wed	Merchant's Place, Cromer, NR27 9ES
Creative Writing - Write Well, Feel Good	06/06/2026	10:00 AM	Sat	Cromer Library, NR27 9HS
Relax and Unwind with Creating from Squares - Knitting, Crochet and more	09/06/2026	10:00 AM	Tue	Cromer Library, NR27 9HS
Relax & Unwind with Crochet - T-Shirt Yarn	09/06/2026	1:30 PM	Tue	Cromer Library, NR27 9HS



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Courses in North Norfolk

Health, Wellbeing and Fitness - continued				
Course Title	Start Date	Time	Day(s)	Venue
Cooking with Herbs and Spices	09/06/2026	9:30 AM	Tue	Sheringham Shed, NR26 8BA
Cooking with Herbs and Spices	16/06/2026	1:00 PM	Tue	Merchant's Place, Cromer, NR27 9ES

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Courses in the Great Yarmouth area

Computing and Digital Skills

Course Title	Start Date	Time	Day(s)	Venue
Digital Functional Skills (mixed Entry 3 & Level 1)	12/05/2026	1:00 PM	Tue	Great Yarmouth Library, The Place, NR30 1LX

Employment and Career

Course Title	Start Date	Time	Day(s)	Venue
Paediatric First Aid Award Level 3	07/05/2026	9:30 AM	Thu	Great Yarmouth Library, The Place, NR30 1LX
Emergency First Aid At Work Award Level 3	15/05/2026	9:30 AM	Fri	Great Yarmouth Library, The Place, NR30 1LX
Paediatric First Aid Award Level 3	07/07/2026	9:30 AM	Tue	Great Yarmouth Library, The Place, NR30 1LX
Emergency First Aid At Work Award Level 3	16/07/2026	9:30 AM	Thu	Great Yarmouth Library, The Place, NR30 1LX
Paediatric First Aid Award Level 3	18/07/2026	9:30 AM	Sat	Great Yarmouth Library, The Place, NR30 1LX

English for Speakers of Other Languages (ESOL)

Course Title	Start Date	Time	Day(s)	Venue
ESOL Start Up Enrolment	06/07/2026	12:30 PM	Mon, Tue	Great Yarmouth Library, The Place, NR30 1LX

Health, Wellbeing and Fitness

Course Title	Start Date	Time	Day(s)	Venue
Acting for Wellbeing - Communication	01/06/2026	10:00 AM	Mon	Great Yarmouth Library, The Place, NR30 1LX



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Courses in the Great Yarmouth area

Health, Wellbeing and Fitness - continued				
Course Title	Start Date	Time	Day(s)	Venue
Eat Well for Less	10/06/2026	1:00 PM	Wed	Great Yarmouth Library, The Place, NR30 1LX
Cooking for Beginners	10/06/2026	9:30 AM	Wed	Great Yarmouth Library, The Place, NR30 1LX

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Courses in the Breckland area

Employment and Career

Course Title	Start Date	Time	Day(s)	Venue
First Aid - Let's Explore The Basics	13/05/2026	9:30 AM	Wed	Dereham Library, NR19 1DZ
Paediatric First Aid Award Level 3	19/05/2026	9:30 AM	Tue	Thetford Area
Starting Your Business	01/06/2026	1:00 PM	Mon	Thetford Library, IP24 2EA
First Aid - Let's Explore The Basics	01/06/2026	9:30 AM	Mon	Thetford Library, IP24 2EA
Introduction to Psychology	02/06/2026	9:30 AM	Tue	Thetford Library, IP24 2EA
Emergency First Aid At Work Award Level 3	12/06/2026	9:30 AM	Fri	Dereham Library, NR19 1DZ
Paediatric First Aid Award Level 3	02/07/2026	10:30 AM	Thu	Attleborough Library, NR17 2AH

Health, Wellbeing and Fitness

Course Title	Start Date	Time	Day(s)	Venue
First Aid - Let's Explore The Basics	13/05/2026	9:30 AM	Wed	Dereham Library, NR19 1DZ
First Aid - Let's Explore The Basics	01/06/2026	9:30 AM	Mon	Thetford Library, IP24 2EA
Creative Writing - Short Stories	04/06/2026	1:30 PM	Thu	Attleborough Library, NR17 2AH
Relax & Unwind with Knitting - Exploring Stitches and Texture	10/06/2026	1:30 PM	Wed	Attleborough Library, NR17 2AH

Life Skills and Giving Back

Course Title	Start Date	Time	Day(s)	Venue
Introduction to Psychology	02/06/2026	9:30 AM	Tue	Thetford Library, IP24 2EA



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Courses in the King's Lynn area

Computing and Digital Skills

Course Title	Start Date	Time	Day(s)	Venue
Spreadsheets for Beginners	05/05/2026	12:30 PM	Tue	King's Lynn Library, PE30 1DL
Spreadsheets for Improvers	16/06/2026	12:30 PM	Tue	King's Lynn Library, PE30 1DL

Construction and DIY

Course Title	Start Date	Time	Day(s)	Venue
Certificate in Building and Construction (Multi Trades)	01/05/2026	9:30 AM	Fri	Adult Learning Training Centre, PE30 2HZ
Bricklaying City & Guilds L1	05/05/2026	9:30 AM	Tue	Adult Learning Training Centre, PE30 2HZ
Carpentry & Joinery L1 City & Guilds Award	05/05/2026	6:00 PM	Tue	Adult Learning Training Centre, PE30 2HZ
Bench Joinery Intermediate	05/05/2026	6:00 PM	Tue	Adult Learning Training Centre, PE30 2HZ
Introduction to Carpentry	05/05/2026	6:00 PM	Tue	Adult Learning Training Centre, PE30 2HZ
Carpentry & Joinery L1 City & Guilds Award	06/05/2026	6:00 PM	Wed	Adult Learning Training Centre, PE30 2HZ
Carpentry & Joinery L1 City & Guilds Award	06/05/2026	1:30 PM	Wed	Adult Learning Training Centre, PE30 2HZ
Bench Joinery Intermediate	06/05/2026	1:30 PM	Wed	Adult Learning Training Centre, PE30 2HZ
Bench Joinery Intermediate	06/05/2026	6:00 PM	Wed	Adult Learning Training Centre, PE30 2HZ
Bricklaying City & Guilds L1	07/05/2026	9:30 AM	Thu	Adult Learning Training Centre, PE30 2HZ
Basic DIY skills	11/05/2026	1:30 PM	Mon	Adult Learning Training Centre, PE30 2HZ



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Courses in the King's Lynn area

Construction and DIY - continued

Course Title	Start Date	Time	Day(s)	Venue
Plastering	11/05/2026	1:30 PM	Mon	Adult Learning Training Centre, PE30 2HZ
Electrical Practices Gateway level 1 Award	11/05/2026	1:30 PM	Mon	Adult Learning Training Centre, PE30 2HZ
Basic Tiling	11/05/2026	1:30 PM	Mon	Adult Learning Training Centre, PE30 2HZ
Bench Joinery Intermediate	01/06/2026	12:00 PM	Mon	Adult Learning Training Centre, PE30 2HZ
Bench Joinery Intermediate	01/06/2026	5:00 PM	Mon	Adult Learning Training Centre, PE30 2HZ
Introduction to Carpentry	29/06/2026	12:00 PM	Mon	Adult Learning Training Centre, PE30 2HZ
Bench Joinery Intermediate	29/06/2026	9:00 AM	Mon	Adult Learning Training Centre, PE30 2HZ
Bricklaying City & Guilds L1	30/06/2026	9:00 AM	Tue	Adult Learning Training Centre, PE30 2HZ
Basic Tiling	30/06/2026	12:30 PM	Tue	Adult Learning Training Centre, PE30 2HZ
Electrical Practices Gateway level 1 Award	02/07/2026	1:00 PM	Thu	Adult Learning Training Centre, PE30 2HZ

Employment and Career

Course Title	Start Date	Time	Day(s)	Venue
Emergency First Aid At Work Award Level 3	08/05/2026	9:30 AM	Fri	Kings Lynn Area
Lipreading	08/05/2026	1:00 PM	Fri	King's Lynn Library, PE30 1DL
How to Take Meeting Minutes Effectively	22/05/2026	1:00 PM	Fri	King's Lynn Library, PE30 1DL



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Courses in the King's Lynn area

Employment and Career - continued

Course Title	Start Date	Time	Day(s)	Venue
Volunteer Passport	01/06/2026	10:00 AM	Mon	King's Lynn Library, PE30 1DL
Paediatric First Aid Award Level 3	06/06/2026	9:30 AM	Sat	Jubilee Community Centre, Downham Market, PE38 9AH
Paediatric First Aid Award Level 3	11/06/2026	9:30 AM	Thu	King's Lynn Library, PE30 1DL
Paediatric First Aid Award Level 3	04/07/2026	9:30 AM	Sat	King's Lynn Library, PE30 1DL

Life Skills and Giving Back

Course Title	Start Date	Time	Day(s)	Venue
Lipreading	08/05/2026	1:00 PM	Fri	King's Lynn Library, PE30 1DL
Volunteer Passport	01/06/2026	10:00 AM	Mon	King's Lynn Library, PE30 1DL

Maths and English

Course Title	Start Date	Time	Day(s)	Venue
English Study Skills Booster Course	14/05/2026	1:00 PM	Thu	King's Lynn Library, PE30 1DL

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Online Courses

Computer and Digital Skills

Course Title	Start Date	Time	Day(s)	Venue
Creating Websites For Business	26/06/2026	9:30 AM	Fri	Online
How to use AI to improve your CV	14/05/2026	6:00 PM	Thu	Online
Spreadsheets for Improvers	16/06/2026	12:30 PM	Tue	Online
Introduction to the Digital Cloud	02/07/2026	6:00 PM	Thu	Online

Employment and Career

Course Title	Start Date	Time	Day(s)	Venue
Early Years Practitioner Level 2 Diploma	01/05/2026	9:30 AM	Fri	Online
Understanding Autism Level 2 Certificate	01/05/2026	9:30 AM	Fri	Online
Marketing Your Business	05/05/2026	1:00 PM	Tue	Online
I want to be Self Employed	06/05/2026	1:00 PM	Wed	Online
Introduction to Dementia Awareness Level 2 Award	06/05/2026	9:30 AM	Wed	Online
Introduction to Business Level 2 Certificate	07/05/2026	6:00 PM	Thu	Online
Introduction to Counselling Skills Level 1 Award	07/05/2026	6:00 PM	Thu	Online
Teaching Assistant Level 2 Certificate	07/05/2026	6:00 PM	Thu	Online
Education and Training Level 3	11/05/2026	9:30 AM	Mon	Online
Early Years Level 3 Diploma Technical Occupational Entry (Early Years Educator)	11/05/2026	9:30 AM	Mon	Online
I want to be a care worker	13/05/2026	10:00 AM	Wed	Online
Dementia Awareness Level 2 Award	13/05/2026	9:30 AM	Wed	Online
Introduction to Teaching Assistant Introduction and Online Training Session	13/05/2026	9:30 AM	Wed	Online
Business Level 2 Certificate	14/05/2026	1:00 PM	Thu	Online
AAT Bookkeeping and Business Skills Level 1 Award	14/05/2026	6:00 PM	Thu	Online
Introduction to Social Care	19/05/2026	10:00 AM	Tue	Online
Introduction to AAT Bookkeeping and Business Skills Level 1 Award	19/05/2026	10:00 AM	Tue	Online



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Online Courses

Employment and Career - continued				
Course Title	Start Date	Time	Day(s)	Venue
Info L5 Management in Adult Care	20/05/2026	10:00 AM	Wed	Online
Creating a Business Start Up Level 2 Certificate	20/05/2026	1:00 PM	Wed	Online
How to Take Meeting Minutes Effectively	22/05/2026	1:00 PM	Fri	Online
AAT Bookkeeping and Business Skills Level 1 Award	26/05/2026	10:00 AM	Tue	Online
Starting Your Business	01/06/2026	1:00 PM	Mon	Online
Diploma in Leadership and Management in Adult Care Level 5	03/06/2026	9:30 AM	Wed	Online
Introduction to Nutrition and Health Level 2 Award	03/06/2026	10:00 AM	Wed	Online
Introduction to Teaching Assistant Level 1 Award	03/06/2026	9:30 AM	Wed	Online
Introduction to Counselling Skills Level 2 Certificate	04/06/2026	1:00 PM	Thu	Online
Certificate in Preparing to work in Adult Social Care Level 2	04/06/2026	1:00 PM	Thu	Online
Marketing Your Business	05/06/2026	6:00 PM	Fri	Online
Nutrition and Health Level 2 Award	10/06/2026	9:45 AM	Wed	Online
Counselling Skills Level 2 Certificate	11/06/2026	1:00 PM	Thu	Online
Introduction to Counselling Skills Level 1 Award	18/06/2026	6:00 PM	Thu	Online
Early Years find the right level	24/06/2026	9:30 AM	Wed	Online
Introduction to Counselling Skills Level 1 Award	25/06/2026	6:00 PM	Thu	Online
Creating Websites For Business	26/06/2026	9:30 AM	Fri	Online
Teaching Assistant courses - find the right level	29/06/2026	6:00 PM	Mon	Online
Early Years find the right level	06/07/2026	9:30 AM	Mon	Online

Health, Wellbeing and Fitness				
Course Title	Start Date	Time	Day(s)	Venue
Assertiveness Skills for Life	01/05/2026	9:30 AM	Fri	Online
First Aid - Let's Explore The Basics	13/05/2026	9:30 AM	Wed	Online



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Adult Learning – Skills for work. Learning for Life.

Online Courses

Health, Wellbeing and Fitness - continued

Course Title	Start Date	Time	Day(s)	Venue
First Aid - Let's Explore The Basics	20/05/2026	9:30 AM	Wed	Online
First Aid - Let's Explore The Basics	01/06/2026	9:30 AM	Mon	Online
Creative Writing - An Introduction to Writing Your Story	02/06/2026	6:30 PM	Tue	Online
Creative Writing - Short Stories	04/06/2026	10:00 AM	Thu	Online
Journaling for Wellbeing and Inspiration	11/06/2026	6:00 PM	Thu	Online
Boost Your Confidence	11/06/2026	9:30 AM	Thu	Online
Nutrition and Health for You	15/06/2026	5:30 PM	Mon	Online
Study Well: Mental Health for Learning	25/06/2026	12:30 PM	Thu	Online
First Aid - Let's Explore The Basics	01/07/2026	9:30 AM	Wed	Online
Nutrition Tips for Sport and Training	08/07/2026	12:30 PM	Wed	Online

Help for the Family

Course Title	Start Date	Time	Day(s)	Venue
Maths through Games	04/06/2026	9:30 AM	Thu	Online
Better Baby Food	12/06/2026	1:00 PM	Fri	Online

Life Skills and Giving Back

Course Title	Start Date	Time	Day(s)	Venue
Assertiveness Skills for Life	01/05/2026	9:30 AM	Fri	Online
Lipreading	08/05/2026	1:00 PM	Fri	Online
Active Listening	21/05/2026	4:00 PM	Thu	Online
Volunteer Passport	01/06/2026	10:00 AM	Mon	Online
Introduction to Psychology	02/06/2026	9:30 AM	Tue	Online
Boost Your Confidence	11/06/2026	9:30 AM	Thu	Online



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Online Courses

Maths and English				
Course Title	Start Date	Time	Day(s)	Venue
Get Ready For Exams	05/05/2026	12:30 PM	Tue	Online
Maths Functional Skills Fast Track Level 2	06/05/2026	6:00 PM	Wed	Online
Maths Functional Skills Fast Track Level 1	08/05/2026	1:30 PM	Fri	Online
Maths Functional Skills Entry Levels	08/05/2026	12:30 PM	Fri	Online
English Functional Skills - Fast Track	13/05/2026	6:00 PM	Wed	Online
English Functional Skills - Fast Track	13/05/2026	9:30 AM	Wed	Online
English Functional Skills - Fast Track Online	14/05/2026	6:00 PM	Thu	Online
Maths GCSE Introduction	16/05/2026	9:30 AM	Sat	Online
Get Ready For Measure Shape and Space	01/06/2026	1:00 PM	Mon	Online
English Functional Skills - Fast Track	02/06/2026	12:30 PM	Tue	Online
Maths through Games	04/06/2026	9:30 AM	Thu	Online
Get Ready For Problem Solving	04/06/2026	1:00 PM	Thu	Online
Intro to GCSE English Language	06/06/2026	9:30 AM	Sat	Online
Get Ready For Exams	11/06/2026	1:00 PM	Thu	Online
Get Ready For Problem Solving	11/06/2026	6:00 PM	Thu	Online
Intro to GCSE English Language	15/07/2026	6:00 PM	Wed	Online
Get Ready For GCSE Maths	06/08/2026	6:00 PM	Thu	Online
Get Ready For GCSE Maths	27/08/2026	6:00 PM	Thu	Online
Maths GCSE Introduction	05/09/2026	6:00 PM	Sat	Online

Neurodiversity				
Course Title	Start Date	Time	Day(s)	Venue
Dyslexia Awareness	04/06/2026	6:30 PM	Thu	Online
Dyslexia Awareness	09/06/2026	9:30 AM	Tue	Online
Understanding Autism	18/06/2026	6:30 PM	Thu	Online
Understanding Autism	23/06/2026	9:30 AM	Tue	Online



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